

50 lbs of wheat makes approx.  
fifty 1.5 lb loaves of bread

**Staff of Life Bakery & Farms - Greg Rosenquist**  
**26745 E 2900 N Rd, Dwight, IL 60420**  
**Phone: (815) 474-0795 greg.ginger@gmail.com**

Order deadline  
 Fri. Nov 11th  
 Pickup by Appt.

ITEM	www.StaffofLifeFarms.com	PRICE	QTY	TOTAL
Non-gmo Hard Red Wheat, double plastic bag, 50#		77.00		
Cert. Chemical free Golden 86 Hard White Wheat, Dbl Plastic bag, 50#		80.00		
- Nitrogen packed in 5 gallon bucket, 36#		85.00		
Soft White Wheat, 50# paper bag		95.00		
Seven Whole Grain Mix, 50 lb (wheat, oats, barley, rice, rye, millet, triticale)		98.00		
Whole Spelt, non gmo (An ancient form of wheat) -Paper bag 50#		149.00		
Kamut, organic, 25# bag		67.00		
Honey Michigan (raw) - 5 gallon bucket (60 lbs)		275.00		
Honey Our Farm (raw) - one gallon jug (12 lbs) Sale! (Reg \$90.00)		69.00		
Maple Syrup, grade A dark, organic 64oz		48.00		
Sunflower Oil from our farm, high oleic, cold pressed, one quart		14.00		
Sunflower Oil from our farm, high oleic, cold pressed, one gallon		29.00		
Molasses, light, 5 gal bucket		89.00		
Sucanat, organic, evap. sugar cane juice, 2 lb bag		8.50		
Organic cane sugar (turbinado sugar) 25 lb bag		49.00		
Stevia, 100 - one gram packets in box (powder)		8.50		
Xylitol, pure natural non-GMO sweetener, 1lb		9.50		
Sea Salt - 5 lb bag (Approx. one pound needed per 50# wheat)		9.00		
Sea Salt - 50lb bag		80.00		
Vital Wheat Gluten - 4# (1# per 50 lbs wheat)		29.00		
100% Natural Dough Enhancer - 16 oz. pkg	Approx. one pkg Enhancer per 50# wheat	13.50		
Saf Instant Yeast - 16 oz (Approx. one package needed per 80# wheat)		9.00		
Plastic bread bags, pleated 6 x 3 x 15 (100 bags)		9.00		
Plastic bread bags, pleated 6 x 3 x 15 (500 bags)		41.00		
Twist Ties, box of 2000		13.00		
5 Gallon plastic bucket with lid (holds about 35 lbs grain)		16.00		
4 ¼ Gallon plastic bucket with lid (holds about 25-30 lb grain)		out		
Gamma Seal Lid - White, fits either bucket, screws on and off		16.00		
Gamma Seal Lid - Blue, fits either bucket, screws on and off		16.00		
Rolled Oats quick, 25 lb bag		out		
Rolled Oats quick, 50 lb bag		58.00		
Organic Rolled Oats quick, 25 lb bag	- - - - -	55.00		
Organic Rolled Oats quick, 50 lb bag	- - - - -	99.00		
Rolled Oats regular, 25 lb bag		out		
Rolled Oats regular, 50 lb bag		59.00		
Organic Rolled Oats regular, 25 lb bag	- - - - -	53.00		
Organic Rolled Oats regular, 50 lb bag	- - - - -	99.00		
6 grain rolled cereal (red, white wheat, oats, rye, barley, sunflower) 50 lb		89.00		
Germade cream of wheat, 50 lb bag	- - - - -	98.00		
Brown Rice, long grain, 25 lb bag		out		
Brown Rice, organic, long grain, 25 lb bag		49.00		
Basmati Brown Rice, Lundberg, 25 lb bag	- - - - -	68.00		
White Rice, long grain, organic, 25 lb bag		54.00		
Oat groats, organic, 25 lb bag		55.00		
Steel cut oats, organic, 25 lb bag		55.00		
Oat bran, fine, organic, 25 lb bag		93.00		
Millet, hulled, organic, 25 lb bag		53.00		
Rye berries, organic, 25 lb bag		39.00		
Quinoa white, organic, 1 lb bag		9.50		
Quinoa white, organic, 25 lb bag		69.00		
Pearl Barley, organic, great for soup, 25 lb bag		out		
Buckwheat, organic, hulled, 25 lb bag		85.00		
Cassava flour, Ottos non-gmo, 4 lb bag		39.00		
Amaranth, organic, 1 lb bag (also avail in 25# bag for \$90.00)		6.50		
(over)				
		<b>Total Page One</b>		

ITEM	PRICE	QTY	TOTAL
Raisins, Organic, Dark seedless, 30 lb box- - -	107.00		
Dates, deglet, organic, 15 lb .....	79.00		
Dates, medjool, organic, 11 lb .....	76.00		
Flax seed brown, organic, 25 lb bag .....	84.00		
Golden flax seed, organic, 2 lb bag - - - -	9.00		
Flax seed brown, 5 lb bag.....	28.00		
Popcorn, yellow, organic, 25 lb bag.....	49.00		
Popcorn, white, organic, 25 lb bag.....	48.00		
Sunflower seeds, shelled, raw, no salt, 5 lb bag	27.00		
Sesame Seeds, raw white hulled, 1 lb bag - - - -	7.00		
Chia seeds white, organic, 1 lb bag	8.00		
Chia seeds black, organic, 25 lb bag	125.00		
Almonds, whole, raw, supreme, 5 lb bag .....	48.00		
Raw Pumpkin Seeds, organic, 12 oz bag - - - -	9.00		
Apple slices dehydrated, 17 oz #10 can.....	21.00		
Banana slices dehydrated, 36 oz #10 can.....	19.00		
16 Bean mix, 25 lb bag incl. some lentils and pearl barley	75.00		
Black Turtle Beans, USA organic 25 lb bag.....	73.00		
Kidney Beans, organic, dark red, 25 lb bag - - - -	75.00		
Garbanzo Beans, organic chick peas, 25 lb bag .....	65.00		
Pinto Beans, 50 lb in 2 bags,	118.00		
Pinto Beans, organic, 25 lb bag	out.....		
Navy (small white) beans, organic, 25 lb .....	79.00		
Lentils, brown, 50 lb, in 2 bags - - - -	130.00		
Lentils, brown organic, 25 lb bag - - - -	79.00		
Lentils, red split, organic, 25 lb bag- - - -	64.00		
Split Green Peas, organic, great in soup, 25 lb bag	58.00		
Potato Flakes, makes instant mashed potatoes, 40 lb bag.....	out		
Dehydrated Hash Brown Potatoes, 30 lb box - - - -	139.00		
Beef Bouillon, no MSG, 29 oz. can.....	22.00		
Chicken Bouillon, no MSG, 29 oz. can - - - -	21.00		
Dutch Baking Cocoa, 48oz (3 lbs) in # 10 can	32.00		
Organic White Flour, unbleached, unenriched, 50 lb bag	69.00		
Unbleached White Flour, enriched, 50 lb bag - - - -	47.00		
Potato starch flour, organic, 1 lb.....	8.50		
Rumford Baking Powder (aluminum free), 5 lb container.....	24.50		
Milk Powder, regular non-fat, 4 lbs in #10 metal can - - - -	36.00		
Buttermilk Powder, 14 oz. bag.....	9.50		
Buttermilk Powder, 68 oz. (4.25lb) in #10 metal can- - - -	35.00		
Broccoli seeds for sprouting, 4oz pkg - - - -	8.00		
5 Way Organic Sprout Mix; alfalfa, broccoli, radish, mung, lentil, 1 lb	14.00		
Alfalfa, organic, for sprouting, 12 oz bag.....	12.00		
Sprout Master Kit, 10 in. x 8 in. x 2 in., two screens - - - -	23.00		

<b>NAME &amp; ADDRESS</b>
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<b>PHONE</b> _____
<b>Email</b> _____

**Total Page Two**.....  
**Total Other Pages**.....  
**Subtotal**.....  
**Food Tax Holiday (0.00%)**.....  
**Grand Total**.....  
**Please enclose check with order. Thank you!**  
**Staff of Life Bakery (815) 474-0795 Rev. 10/22**  
 Prices subject to change. You may copy this form.

## Staff of Life Bakery & Farms Bulk Spice Order Form (815) 474-0795

All Spices on this page are from **Frontier**. Their freshness and flavor is unsurpassed. **All come in a sealed one pound package.** The price is so low compared to the grocery store, you might as well buy it by the pound and if you can't use it all, give some away, it makes a great gift! Many of the items fit nicely in a quart canning jar. This is not the complete spice list. Contact me if you want something not listed. Most of these spices are also available organic.

ITEM	PRICE	QTY	TOTAL
Basil Leaf, sweet, cut & sifted - - - - -	9.00		
Bay leaves, whole, organic	19.00		
Broth Powder, beef flavor - - - - -	10.00		
Broth Powder, chicken flavor	10.00		
Broth Powder, vegetable flavor - - - - -	10.00		
Cajun seasoning, organic	13.50		
Carob Powder, medium roast - - - - -	7.00		
Cayenne pepper, ground, medium hot - - - - -	9.50		
Celery salt, organic	8.00		
Cinnamon, korintje 3% oil.....	11.00		
Cinnamon, organic, korintje 3% oil - - - - -	12.00		
Cinnamon sticks, whole, 2 3/4 inch	15.00		
Chili Powder, standard w/salt, - - - - -	10.50		
Cheese powder, mild cheddar - - - - -	16.00		
Cheese powder, white cheddar organic - - - - -	23.50		
Cloves, ground, organic	32.00		
Cocoa powder, dutch process, organic - - - - -	16.50		
Cream of Tartar powder - - - - -	11.00		
Cumin seed, ground	11.50		
Dill weed, cut & sifted - - - - -	19.00		
Garlic Granulated - - - - -	17.00		
Garlic Powder	16.50		
Garlic Powder, organic-- - - - - -	19.50		
Garlic Salt, organic - - - - -	9.00		
Ginger root, ground, non sulfited - - - - -	11.50		
Lemon peel, organic - - - - -	19.50		
Milk Thistle Seed, whole, organic	16.50		
Mustard seed, ground yellow - - - - -	10.00		
Onion powder - - - - -	9.00		
Onions, chopped	8.50		
Orange peel powder, organic - - - - -	16.50		
Oregano, Mediterranean	13.50		
Paprika, organic - - - - -	15.75		
Parsley Leaf Flakes,	14.50		
Pepper, black, medium grind, - - - - -	17.50		
Peppercorns, whole black	16.00		
Peppermint leaf, organic cut & sifted - - - - -	17.50		
Pizza seasoning	11.50		
Poppy seeds, whole organic - - - - -	10.50		
Potato starch flour, organic	8.50		
Poultry seasoning - - - - -	13.00		
Red Raspberry leaf, cut & sifted	11.50		
Ranch Dip & Dressing mix, organic	11.50		
Rosemary leaf, whole - - - - -	12.50		
Salt, Himalayan Pink, coarse for grinding	10.50		
Spaghetti seasoning - - - - -	10.50		
Taco Seasoning - - - - -	11.50		
Taco seasoning, organic	16.00		
Thyme leaf cut & sifted - - - - -	13.50		
Turmeric root powder, organic - - - - -	12.50		
<b>Rev 10/22</b>	<b>Subtotal.....</b>		